



DATE Saturday 16th November

LOCATION Newcastle Upon Tyne

VENUE Benfield Centre for Sporting Excellence, Benfield Road, NE6 4NU

COST £30 per person per discipline, £20 per person per additional discipline

> <u>Closing date for entries: 5th October</u> No entries will be accepted after this date

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Introduction

The British Vets competition is open to anyone over the age of 18 regardless of experience or ability, with the opportunity to socialise and compete.

The event creates a fun and relaxed atmosphere where competitors can meet like-minded people whilst showcasing their gymnastics skills to one another.

Entry Classification

Discipline Level	Artistic		Trampoline		Tumbling		Acrobatic		
	Men	Women	Men	Women	Men's Tumbling	Women's Tumbling	Pairs	Women's Group	Men's Group
	0ver 18	Over 18			Combined age group	Combined age group	Single competition	Single Competition	Single Competition
Novice	Over 30	Over 30	Under 40s	Under 40s					
	Over 40	Over 40							
	Over 50	Over 50	Over 40s	Over 40s					
	Over 60	Over 60							
Intermediate		Under 40s							
Pro	0ver 18	Over 18			Combined age group	Combined age group			
	Over 30	Over 30	Under 40s	Under 40s					
	Over 40	Over 40							
	Over 50	Over 50	· Over 40s	Over 40s					
	Over 60	Over 60							

Please note: Some categories/levels may be combined if entries are low. Similarly, groups may be sub-divided if entries are high.

As outlined in the Entry Classification table, there are some inconsistencies across disciplines:

- Acrobatic Pairs Groups will only have one level of competition
- An Intermediate level is available in the Women's Artistic competition for Under 40s (dependant on number of entries)
- Tumbling does not have separate age categories within each level of competition
- Age Bonus' are available but vary across disciplines, please refer to the Code of Points for each individual discipline to calculate the Age Bonus available.

Novice

This level of competition is for people new to this fantastic sport, or for those who discovered the sport later in life.

Pro

This level of competition is for people who have previously competed at regional level or above and enjoy showing off the skills they can perform, or for anyone who is able to fulfil the majority of requirements at this level.

Please note: An Intermediate section is available in the Women's Artistic competition.

Women's Artistic – Under 40s Only

The Intermediate level of competition is for those who have competed no higher than County level in their younger years or those who feel that they would like to challenge themselves further than the Novice level. So, for those aged 18-39, this additional category is available within the Women's Artistic competition.

Please note: Categories/levels may be combined if entries are low.

Non-British Competitors and Guests

NATIONALITY

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to all British Gymnastics Events.

British Championships

Only British citizens¹ are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be British citizens in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), non-British citizens may take part in Competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation². They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests or Hors Concours.

Gymnasts holding dual citizenship are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Non-British citizens who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

Other British Gymnastics Events

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation².

Non-British citizens must have been registered with the club making the entry for one year prior to the date of the Competition in order to be eligible to take part.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, non-British citizens who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in British Gymnastics Events. The Technical Committee with approval from the Head of Performance Sport will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have their nationality declared within Gymnet online membership portal.

- ¹ As defined in the British Nationality Act 1981, which came into force on 1 January 1983
- ² In accordance with Statutes of the FIG

Eligibility

- All competitors must be a member of British Gymnastics or Scottish Gymnastics and must have a minimum of Bronze membership
- Student gymnasts who compete in BUCS/university competitions are eligible to compete in the British Vets, as these are not considered to be British Gymnastics events
- Novice competitors should not have competed in *any* competitions above County level and must have retired from competition for at least one year
- Pro competitors must have retired for:
 - Two years from International/National competition
 - One year from Regional (or above) competition/any competition with an NDP pathway
 - One year from Regional D (or above) Trampolining competition

Please note: In the Women's Artistic competition:

- Novice competitors should not have competed above club level and must have retired from competition for at least one year
- Intermediate competitors should not have competed above County level and must have retired from competition for at least one year
- Pro competitors follow the above eligibility

Eligibility of medal winners will be checked post-event against these set criteria.

Coach Requirements

Competitors, no matter what age or level, need to have a coach present. This does not need to be their own coach, however prior to the event the coach should have a good understanding of the competitors competency. The coach must:

- Have a Level 2 (minimum) BG qualification in the competition discipline
- Be <u>appropriately qualified</u> for the skills being performed
- Be present during each performance on every piece of apparatus

If a suitably qualified coach cannot be identified then please contact the Events Department on 0845 1297129 ext. 2395 or <u>events@british-gymnastics.org</u> for support and guidance.

Attire

Competitors and coaches must to adhere to the following:

- Wear appropriate clothing ie. Not too loose as to constitute a hazard
- Buckles and clasps are prohibited
- Long hair should be tied back at all times
- Competitors should perform in bare feet or gymnastics slippers
- Socks or gymnastics slippers must be worn when performing on a trampoline
- Spectacles can be worn but it is recommended that contact lenses or spectacles with flexible frames and straps are worn instead
- Jewellery is prohibited
- Body jewellery must be removed prior to the competition
- Pairs and groups should wear identical or complimentary attire

Music

All music submitted for Women's Artistic and Acrobatic Gymnastics floor routines must be:

- On CD
- The first and only track on the CD
- Clearly labelled in permanent marker with the competitor's name(s), club, discipline, age group (if

applicable) and competition number

- Backed-up on another CD and brought to the competition, in case of unforeseen circumstances
- Adhering to the British Gymnastics' Copyright Policy i.e. no Andrew Lloyd Webber, Disney or Cirque du Soleil

British Vets 2013 T-Shirts

T-shirts will be available to purchase in advance via the online entry system.

Social

This year's social event will take place following the competition, on Saturday evening. All competitors will be sent a short survey to complete prior to the competition, asking what they would like to do for the social event. This feedback will support the planning of the event.

Please note: The social event is for coaches, competitors and spectators and will be dependent on numbers. There will be a small additional cost to attend.

2013 Pat English Trophy

Pat was an inspiration as both a coach and competitor; right up to the day he died. He amazed everyone when performing a front somersault in his routine, especially when in his 60s. He was so kind, and always willing to help fellow competitors.

The Pat English Trophy is awarded to a competitor, coach or official who shows great sportsmanship; supporting fellow competitors and spreading infectious spirit throughout the competition.

Please use Form A (below) to submit your nomination, and either post to the following address or email to events@british-gymnastics.org by 5th October:

British Gymnastics Events Team Ford Hall Lilleshall NSC Nr Newport Shropshire TF10 9NB

2013 Pat English Trophy Nomination Form

Nominee's name:

Nominator's name:

Nominator's club:

Reasons for nominating the above person(s):

Profile Information Form

This is optional, but if you would like to tell us more about yourself then please complete the below details:

Name:

Email/Tel:

Previous level of competition:

Date last competed:

Profile (a short note about yourself):

